



Cost of Living and Warm Spaces

Local Care Partnership Digest

November 2022

Thank you to all partners who contributed to the recent LCP Cost of Living survey.

We have collated the information received into citywide organisations and by each Local Care Partnership, with the aim that information will be useful for local partners only, rather than wider sharing.

Please note that this information is a snapshot of current provision at the present time and might change and develop over the coming months, with specific support activities targeted at certain population groups.

City Wide

Carers Leeds

We offer support face-to-face (in our office as well as in other community settings), by telephone, email or video link.

Covering citywide.

Offering Food and Household support, Fuel and Energy support and Warmth and Isolation support.

No costs when accessing these services.

Opening Monday to Thursday, 09:00 – 17:00 and Friday 09:00 – 16:30

Advice Line 0113 380 4300 We don't offer financial support but can help to ensure carers, and those they care for, are in receipt of the correct welfare benefits.

Not currently providing a warm hub however anyone who drops in is offered a cup of tea/coffee.

Contact details – Email: advice@carersleeds.org.uk

Telephone number: 0113 380 4300



[GamCare – Leeds Community Gambling Service](#)

Providing support for individuals who are suffering from gambling harms, whether it's the gambler themselves or affected others.

Covering Citywide with gambling addiction support.

No costs for this service

Opening Monday to Friday, 09:00 – 17:00

Contact details – Telephone number: 0113 388 6466

Website: [https:// gamcare.org/leeds](https://gamcare.org/leeds)

[Groundwork Yorkshire](#)

Groundwork Yorkshire have a region wide remit & operate projects with partners in many areas.

Groundwork has a long history of working with individuals, communities & organisations looking to improve their lives or spaces they live in. At any point there may be a range of projects which could support LCP target audiences.

Also offers various opportunities for free health and wellbeing activities in the community such as wellness walks and our community allotment.

Covering city wide.

Offering Food and Household support, Fuel and Energy support and Warmth and Isolation support.

No costs for these services

Opening Monday to Friday, 08:00 – 16:00

Contact details – Email: Jo.Hatfield@groundwork.org.uk

[Leeds City Council – Cost of Living webpage](#)

[Together Leeds](#) has that is available – financial, heating, warm spaces, water, food, jobs. Links to Money Information Centre and Welfare support. The Together Leeds website is being promoted this winter. LCC have also launched their Warm spaces support, where people can gather for free in a warm, safe, welcoming place and maybe enjoy a hot drink and some company. Please promote through your networks.

[Warm Spaces \(leeds.gov.uk\)](https://www.leeds.gov.uk/warm-spaces)

There is an interactive map of venues in the link. Organisations can apply to host a warm space.



Leeds Homeshare

Leeds Homeshare creates positive affordable living arrangements. People looking for practical help or company at home are matched with home-sharers who move in to provide support of up to 10 hours a week. The sharer who moves in also contributes towards bills, including council tax - and they benefit from the affordable accommodation. The scheme can be a low-cost option for participants during the cost-of-living crisis. Sharers contribute just £150/month for their home-share plus the payment towards bills. The householder with the spare room pays a £25/month fee and benefits from weekly help with household chores. Everyone can enjoy the opportunity to meet new people and share life skills. Homeshare provides a safe and trusted service which includes regular contact from the scheme coordinator, home safety checks and DBS- police and reference checks. We are accepting enquiries from interested householders and potential sharers.

Offering affordable living, practical support and isolation support.
There are charges for using these services, as above.
Opening Monday to Thursday, 09:00 – 16:30, Friday 09:00 – 16:00

Contact details - Email Homeshare@leeds.gov.uk
Telephone number: 0113 3785410
<https://www.leeds.gov.uk/homeshare>

The Guinness Partnership - (covering South Bank Points Cross, South Bank, Leeds)

Covering city wide offering Fuel and Energy support.
No cost for using this service.

Opening 08:00 – 20:00

See website for details of contact form and other wellbeing support
[Cost of Living Hub – The Guinness Partnership](#)

Zarach

FOOD Club runs from Bridge Community Church, Rider Street, LS9 7BQ.
Covering city wide for Beds (referral only) and for FOOD Club, HATCH (possibly York Road LCP – must be 15 minutes from location on FOOD club)

Offering Food and Household support, Fuel and Energy support.
No costs for using these services. FOOD Club, every Tuesday, 12:30 – 14:30

Contact details – Email: info@zarach.org



Age UK Leeds

The main ways we can support people with rising cost of living is via our Information and Advice Service, we can also signpost people to useful information in the Age UK guides. In addition, we are a provider of Age UKs Warm Homes Programme and have had an allocation of funding from Leeds City Council to support our clients in line with the criteria for the government's Household Support Scheme, which runs until the end of September. We also have a small client welfare fund which can also be used to provide household support to those in financial hardship.

Offering Food and Household support, Fuel and Energy support, Financial and Warmth and Isolation support
No costs for using these services.

Opening Monday to Friday, 09:00 – 16:00

Contact details - Email: info@ageukleeds.org.uk

Tel Number: 0113 389 3000 or 0113 389 3010

Linking Leeds

Covering City Wide.

Helping clients by providing a holistic assessment of their needs. They have a wellbeing co-ordinator for up to 12 weeks, providing support to access debt advice, funding for furniture, food parcels, connecting with the community, support with mental health and much more. Also have a referral pathway with Better Leeds Communities for their Henry Smith project which is exclusively accessed by clients of Linking Leeds, providing support around debts, budgeting and accessing food and fuel vouchers where funding permits. Also access to Trussel Trust food network, issue food vouchers for clients. Links to a wealth of community groups, where we seek to link up lonely clients.

Offering Food and Household support and Warm and Isolation support. Also signpost clients for the best help on Fuel and Energy and Financial support.

No costs for using these services.

Currently have a 4-week waiting list but if a client is desperate need they are able to signpost to organisations at the time of the referral.

Open Monday – Thursday – 09:00–17:00; Friday – 09:00-16:30

Contact details - Email: linking.leeds@nhs.net

Telephone number: 0113 336 7612.



LCC Children's Centre

Children Centres in Leeds can, if able to provide food vouchers for food banks; Emergency food parcels made up from donations; and are currently part of the Radio Aire toy appeal.

Children Centres are open 8.30-4pm, Monday to Friday and your local one can be found here:

<https://familyinformation.leeds.gov.uk/childrens-centres/>

Housing

Housing teams across the city are working with Council tenants to help sustain tenancies including specialist help with benefit entitlement and maximising income. This includes:

- Signposting to debt advice, fuel poverty and emergency food provision.
- Close working with Leeds Credit Union - co working in some offices.
- Looking to introduce dedicated surgeries for tenants to discuss income / coping with cost of living and associated support.

For more information, or if you would like to work in partnership to support housing tenants, please contact your local housing manager.

LCC Mental Health Day Opportunities

Leeds has 3 Mental Health Hubs across the city, which are a free local resource available to the broader community

(Stocks Hill (LS12), Lovell Park (LS7) & Vale Circles (LS11))

For more information about mental health hubs, please contact bridget.campbell@leeds.gov.uk

Armley LCP

Food Provision across the Armley Ward

Please see this [useful flyer](#), produced by the Armley LCP Cost of Living Subgroup, showing all food provision support in the area.

New Wortley Community Association

Offering Food and Household support, Fuel and Energy support, Financial and Warmth and Isolation support. Also offer The Food Store – a sustainable food project.

They are open Monday to Friday from 09:00 – 15:00. They are looking at opening additional hours from October 31st.

Providing the community with a warm hub, a welcome space, hot meal for £1 per head (if wanted) with advice drop-in, talk to staff about issues, get help and information and social activities.



There is no cost for using the services. They are open Tuesday, which is aimed at adults (18+) and Thursday, aimed for families with children from 5pm until 7pm. Activities will be tailored towards these specific audiences.

Two useful flyers can be found [here](#) and [here](#).

Contact details – Telephone number: 01132 793 466

Beeston & Middleton LCP

Hamara Healthy Living Centre

Offering Food and Household support, Fuel and Energy support and Warmth and Isolation support. They are open Monday, Tuesday and Thursday for Foodbank and Fuel/Energy support however are required to be registered with them and no cost for the service.

Providing the community, a warm hub for use providing Tea/Coffee and refreshments. The opening times are Monday to Friday 09:00 – 17:00

Contact details – Email: admin@hamara.co.uk

Telephone number: 0113 277 3330

Health for All Leeds – Covering South Leeds and some city wide

Offering Food and Household support, Fuel and Energy support and Warmth and Isolation support. With various opening times over 6 family and community centres across South Leeds in Beeston, Holbeck, Belle Isle and Middleton.

Distribute Household support funds from 5 community food pantries and within Middleton Park ward. No costs for these services.

Planning to provide the community with a warm hub, dependant on resources and access to hot drinks and snacks. All centres are open during daytimes throughout the week and some evenings.

Contact details – Email: info@healthforall.org.uk

Telephone number: 0113 2706903

Holbeck Together

Covering Beeston & Holbeck.

Offering Food and Household support, Fuel and Energy support and Warmth and Isolation support. Also offer 1 to 1 support and signposting.

No costs for using these services. Services are bookable by contacting the below details.



Opening Monday to Friday, 09:00 – 17:00

Also provide a social supermarket which is charged £3

Providing a community warm hub with a coffee shop afternoon. Opening Monday to Thursday, 13:30 – 15:30

Contact details – Email: info@holbecktogether.org

Telephone number: 0113 2455553

Middleton Elderly Aid

Covering South Leeds, Middleton and surrounding areas.

Offering Food and Household support, Fuel and Energy support, Financial and Warmth and Isolation support.

Also offer telephone befriending for people who are socially isolated

Opening Monday to Saturday, 09:00 – 16:00

Provides a community warm hub offering lunch clubs and social activities

There are some costs, but they are willing to assess if needed.

Contact details – Email: info@middletonelderlyaid.org.uk

Telephone Number: 0113 272 1050

BWM – Bramley, Wortley & Middleton LCP

Barca Leeds – Better Together West

Barca Leeds is city wide service however this offer covers specifically the Bramley and Stanningley ward.

Offering Fuel and Energy support with no cost for using this service.

We have a limited amount of grants available to support people who are struggling with fuel payments.

Grants will be capped at a maximum of £147 per household for those who live in the Bramley and Stanningley ward.

For a referral form please use the email below

Contact details – Email: hsfund@Barca-Leeds.org

Telephone Number: 0113 2559582



Bramley Care Bears

Provides signposting advice to the people that we support. Also provides garden makeovers for residents who can no longer tend to their own garden, a free service.

Offering Food and Household support, Fuel and Energy support and Warmth and Isolation support.

There are no costs for these services.

Opening on Sundays 13:00 – 14:00 and Fridays, 11:00 – Noon

Also provide a homework club session every Saturday in school term time. Please see their page on Facebook for more information.

Central LCP

Moor Allerton Elderly Care

Covers the Alwoodley Ward.

Offer Food and Household support and Fuel and Energy support. MAE Care are managing the Household support fund for people struggling with cost of living in the Alwoodley ward.

There is no cost to access these services. Opening times are Monday – Friday, 09:00 – 16:00

Contact details – Email: info@maecare.org.uk

Telephone Number: 0113 2660371

Cross Gates

Swarcliffe Good Neighbours Scheme

SGNS is a well-established community-based organisation with 28 years' experience, covering Swarcliffe, Stanks and Whinmoor.

Offers Fuel and Energy support and Financial. Also, assessment of any needs of an older person via Outreach support.

There are no costs to access these services.

They are open Monday – Thursday 09:00 – 16:00; Friday 09:00 – 14:00

Contact details – Telephone number: 0113 232 6910



Cross Gates Good Neighbours

Cross Gates Good Neighbours is a Neighbourhood Network for those over 60 and living on the Cross Gates side of York Road.

The team host several coffee mornings and other activity groups - please see the following link for more information: <https://crossgatesgns.org.uk/whats-on/regular-activities>

As well as activities, Cross Gates Good Neighbours have a befriender scheme; give phone calls to vulnerable members; can provide emergency Food parcels if needed and are supporting members with digital inclusion. Contact details – Email: admin@crossgatesgns.org.uk

Telephone number: 0113 260 6565 or by dropping into the Newman Centre on Station Road, LS15 7JY

Cross Gates & Whinmoor Hub

Cross Gates & Whinmoor Community Hub is based at Cross Gates Shopping Centre and managed by Cross Gates & District Good Neighbours' Scheme CIO. The Hub is community led and working with local community groups, and open to anyone, of any age in the area.

Visit the Hub for:

-Information and Advice Drop-In

-Find out what's on in your local community

-A member of staff and volunteers will be available each day to provide support, advice and information

Specific support available include Money Buddies, Energy Advice Board, Energy Sessions help setting up on energy apps, sign posting to other services where needed. Space is also available for partners to use as clinics or outreach - contact claire.wall@crossgatesgns.org.uk to discuss.

Open Monday- Wednesday & Fridays 9.30-3.30, Thursdays 9.30-2.30

Connecting Cross Gates

This winter, Connecting Cross Gates is working across the area to support local people with:

1. Various community-led wellbeing groups/activities for ALL ages throughout the week to combat loneliness/isolation and increase community connections.
2. Community Fridge for East Leeds - offering members the choice of 12 items when they join (Membership costs £3.50 per session)
3. Warm Welcome Spaces - network of places to go to stay warm set up as a response to the energy crisis.
4. East Leeds Repair Cafe - Bring items that are broken to a team of volunteers who will try to help repair it.
5. Links with all East Leeds churches for those wanting pastoral/spiritual support.

Contact details – Email: connectingcrossgates@gmail.com

Please see the following link for further information: <https://connectingcrossgates.com>



HATCH

Selective Licensing Team, Private Sector, Housing, Leeds City Council

Deal with licensing of privately rented homes within a defined footprint of Harehills. Officers visit licensed properties to check they comply with licence conditions and are safe to live in. They also visit homes that could be operating without a license. During their visits, officers pick up any support needs the residents may have and make referrals/find support as appropriate. This could be anything from accessing learning or health services to receiving support and obtaining food or baby parcels.
There is no cost for this service

Information about Selective licensing – www.leeds.gov.uk

Contact details: Email: selective.licensing@leeds.gov.uk

Telephone number: 0113 5351369

Chapeltown Citizens Advice

Also covers City wide.

Offering Food and Household support and Fuel and Energy support.

Advice on social welfare law, benefits, debt, housing, employment and immigration.

No cost for these services

Open 09:00 to 17:00 by telephone

Contact details – Email: info@chapeltowncab.org.uk

Telephone number: 0808 2787878

Give A Gift

Located in Gipton and Harehills and covers as a city-wide emergency provider, East and parts of Northeast for cultural food.

The Cultural food drop in will operate a drop-in service W/C 24th October on Mondays 12-1pm and Tuesday 12-1pm for existing clients.

New clients will have to register first by calling on 0113 3805676 or 3805677. A referral form can also be emailed to any referring establishment.

Offering Food and Household support, Fuel and Energy support and Financial.

There are no costs for using these services.

Open from Monday to Thursday, 09:00 – 17:00

Contact details - Email: admin@giveagift.org.uk

Telephone number: 0113 3805376



Leeds Refugee Forum

Located in Burmantofts, Lincoln Green also City Wide.

Offers financial support, no cost to use this service, also runs different activities.

Opens Wednesday 13:00 – 14:00 – Hardship fund

Offers LRF run Hardship Fund for destitute Asylum Seekers

Contact details – Email: info@leedsrefugeeforum.org.uk

Telephone number: 0113 2449600

www.leedsrefugeeforum.org.uk

St Vincents

Based in Richmond Hill and Burmantofts, with citywide support.

Offering Food and Household support, Fuel and Energy support, Financial and Warmth and Isolation support.

No costs for using these services.

Opening times Monday to Friday 09:00-16:00

Please contact St Vincents direct regarding their plans support community warmth.

Telephone number: 0113 248 4126 Email: hello@svp.org.uk

Nowell Community Group

Covering LS9. Offering Food and Household support. If anyone needs help with cost of living, emergency food supplies they can contact the group.

No cost to use this service, Opening times – available on request

Information is provided their Facebook page.

Providing the community with a warm hub offering tea/coffee, Bingo and crafts.

They have a coffee morning with free tea and coffee, toast, friendly environment and can receive local support through food vouchers for Asda. They will be joining with zest in October to have a meal provided on Fridays.



LS25/26

St. Mary's Church

Providing a 'Welcome Café' with free tea and coffee available. Opens every Wednesday 10am-Noon.

Provides food banks

Contact details - <https://www.stmarysgarforth.co.uk/>

Garforth NET

A community hub with a food pantry. Offering emergency food parcels with an immediate response to all referrals, including referrals from Adult Social Care, Retirement Living, LCC Housing, Neighbourhood Nursing teams, Churches, and other Faith groups. Also accept referrals for emergency fuel support.

Contact details – Email: info@netgarforth.org

Blackburn Hall - Rothwell

Providing a foodbank for those living in the LS26/WF3 postcodes.

Operates on a Wednesday 10:30 to 12:00 and 15:00 to 17:00.

They do ask for a contribution of £3.

For further information please contact via the Facebook page -

<https://www.facebook.com/blackburnhallleeds/>

Otley & Aireborough

AVSED

Covering, Yeadon, Guiseley and Rawdon.

Under AVSED most of their services are restricted to those over 60 years. Through the Household Support Fund coming direct to the Anchor Network (Aireborough Together) they can give limited food/fuel support to all age groups in the area.

Their Community Café is open to all and is a donation only so free if needed for a warm room, drink, and cake.

Also set up to distribute foodbank vouchers to the over 60's.

Warming Wednesdays from 2pm, between October to March (closed 2 weeks over Christmas 28th December and 4th January) – This service is for the over 60's only. Free warm and cosy room with hot drinks and food, plus providing outreach services, signposting and referrals for additional support.

No cost for this service

Monday – Friday 09:00 – 17:00

Contact details – Email: info@avsed.org.uk

Telephone number: 0113 2501702

For further up to date details and Newsletter – www.avsed.org.uk



Memory Lane Trust CIC

Memory Lane provides a day care facility for older people with dementia and other special care needs. Our highly trained staff provide a warm and caring environment alongside stimulating activity for cognitive improvement and uplifting social interaction to combat social isolation. We aim to help people to live at their own home for longer by promoting a sense of purpose, security and well-being. Lunch and refreshments are provided, and cost of day care starts at £60 per session and up to £84 for a full day.

Transport and “wrap around” care at home is also available for those in need of any extra help.

Free taster sessions are available. Just call 0113 345 3378 to make arrangements.

The Memory Cafe is managed by Memory Lane Trust CIC and is open to all on Saturdays 11am to 2pm.

£5 entry fee includes lunch, refreshments, quiz and bingo.

Please call to confirm your attendance.

0113 345 3378

DAY CARE Open Monday to Friday 10am to 4pm

MEMORY CAFE Saturday 11am to 2pm

Contact details – Email: amanda@memorylanecare.co.uk

Telephone number: 0113 3453378

Otley Action for Older People

Covering LS21 – Otley, Pool and Arthington.

Offering Food and Household support, Fuel and Energy support and Warmth and Isolation support.

No costs for using these services

Opening Monday to Friday, 09:00 – 16:30

Planning to provide a community warm hub offering food, WIFI and support. Opening days for this and times to be confirmed.

Contact details – Email: info@otleyactionforolderpeople.org.uk

Telephone number: 01943 463965

Chevin Medical Practice, Otley PCN

Cost of Living leaflet available at reception detailing local support available.

Seacroft

Please see this [flyer](#) for details of local support in the Seacroft area.



West Leeds

Memory Support Team – The Alzheimer’s Society/Leeds & York Partnership Foundation Trust

Supporting individuals and their families either in the process of seeking or has a diagnosis of a memory condition/dementia. They are a social prescribing and information service.

Covers the whole of the city and surrounding areas.

Offers social prescribing, local services, organisations and benefits available to people.

There is no cost for these services.

Monday to Friday - 09:00 – 17:00

Further details from <https://www.leedsandyorkpft.nhs.uk/our-services/memory-assessment-service/>

Barca Leeds – Better Together West

Barca Leeds is city wide service however this offer covers specifically the Bramley and Stanningley ward. Offering Fuel and Energy support with no cost for using this service.

We have a limited amount of grants available to support people who are struggling with fuel payments. Grants will be capped at a maximum of £147 per household for those who live in the Bramley and Stanningley ward.

For a referral form please use the email below

Contact details – Email: hsfund@Barca-Leeds.org

Telephone Number: 0113 2559582

Pudsey Parish Church

Will be offering warmth and isolation support from November. Please see their Facebook page – Pudsey Parish Church @pudseyparish for more updates and information.

Contact details: Telephone number: 0113 257 7843



Wetherby

WiSE Pay-as-you-feel Winter Warmer Café

In October we are launching WiSE Winter Warmer - a pay-as-you-feel café for those affected by the cost-of-living crisis. The café will serve hot drinks, soup, rolls and cakes alongside games and activities in a warm, safe environment at Wetherby Town Hall.

It will take place every Tuesday from 11th October (through to February) from 11.30am-1.30pm. This will run for 21 weeks (from 17.10.22)

Read more here - <https://w-ise.org.uk/wise-launches-pay-as-you-feel-winter-cafe/>

Contact details – Email: info@w-ise.org.uk

Telephone number: 01937 588994

WHP – Woodsley & Holt Park

Caring Together in Woodhouse & Little London

Covers Woodhouse, Holt Park, Little London and part of the city centre. Neighbourhood network supporting adults over 55. The service has always been about offering types of support on the below in a variety of ways either directly, by referring to additional support and by advocating on behalf of members.

A small organisation and is primarily aimed at the older people who are members to the organisation. No cost to join Caring Together.

Offering Food and Household support, Fuel and Energy support, Financial and Warm and Isolation support. There are no costs for using these services.

Opening times of the building varies – service is usually Monday to Friday and staff are available in other community buildings, visiting people at home and by telephone. Members have contact details for staff, dates and times of activities, social sessions and information sessions are included with our newsletters

<http://caringtogether.org.uk/autumn-2022-newsletter>

Will be open as an informal warm hub. Members are aware that they can call in when staff are in the building. We have a team of 3 staff who work out on the community, in peoples own homes and providing activities at other venues so there is not always someone in the building. There are a number of designated activity and social groups happening in the building which we invite members to attend. Plans to start providing hot soup over the Winter months for anyone who wants it. Not running a foodbank or pantry however do have a small amount of non-perishable food items that have been donated and are available for visitors to take alongside a few toiletries and other household items. No costs for this however there is a box for donations. Signposting to Green Doctor.



Opening details is variable for activities, social sessions and information sessions – details included in the newsletter link above.

<https://www.caringtogether.org.uk>

Contact details – Email: info@caringtogether.org.uk

Telephone number: 0113 2430298

OPAL

Serving parts of Woodsley and Holt Park.

Offering Food and Household support, Fuel and Energy support, Financial and Warm and Isolation support. The café is open Wednesday to Friday 09:00 – 16:00 (for all ages) and always a PAYF dish. Hold lunch clubs, Monday, Wednesday and Friday for OPAL members (older people). If there is anyone struggling to pay, they should let an OPAL staff member know. Also offer emergency food support.

Provide referrals for fuel and energy support are via Green Doctor.

Financial support is through Money Buddies who are based at OPAL fortnightly on a Thursday evening.

Welcome In Community centre holds activities and groups for older people.

There is no charge to go into the centre however if you want to become a member, they charge £12 but this can be waived by OPAL staff if someone is struggling financially.

Warm and Well - starts 24th October. Every Monday 1:30 –4:30 in the Welcome In Cafe

Join us every Monday afternoon, starting Monday 24th October, for digital support, boardgames, crafts and refreshments! This is a free event open to all ages

Winter Coat Appeal

The Welcome In Community Centre is a Donation and Collection Point for the 'Zero Waste Leeds Winter Coat Appeal'. Each weekday there will be a green bin outside our Centre for people to donate coats. From w/c 21st November, the coats will be hung on a rail inside the centre and people are welcome to collect a coat. There will be coats for adults and children as well as hats, scarves, and gloves.

Christmas Eve Christmas dinner at Welcome In Community Centre -

OPAL staff and volunteers are cooking and serving a Christmas dinner on Christmas Eve lunch time for people who will be on their own over Christmas. Numbers are restricted and we will be prioritising OPAL members but if any LCP partners identify someone who will be particularly isolated, please contact Ailsa at OPAL see if there is space. The dinner will be free. email Ailsa Rhodes ailsa@opal-project.org.uk



Rainbow Junktion

Covering LS6 and open to anyone who comes in.

Rainbow Junktion is based at All Hallows Church, 24 Regent Terrace, LS6 1NP and everyone is welcome. No referral is needed for our services, and we will never judge anyone struggling.

We offer tea and coffee, lunch, food shopping, signposting, warmth, and free Wi-Fi. We also have various other advice services and activities running alongside the cafe such as debt advice, substance abuse advice, social prescribing, a craft cafe, live music, board games and more :)

We are open as a cafe and community hub on Mondays and Thursdays between 11:30 – 15:00 and our Foodshare (shopping) is open Fridays 11:30 – 16:00

All RJ services are always pay-what-you-feel/can (although we will never turn anyone away for not being able to contribute).

Contact details – Email: emily@rainbowjunktion.org.uk

Telephone Number: 07421455346

York Road

Burmantofts Senior Action CIO

Support available at BSA for over 60s only

Covering York Road, Burmantofts LS9

Offering Food and Household support, Fuel and Energy support, Financial and Warmth and Isolation support

No costs to access these services.

Opening Monday to Friday, 10:00 – 14:00

Provides a community warm hub offering warm meals available 3 times a week and a charge is applicable

Contact details- Email: info@bsaleeds.org.uk

Telephone number: 0113 2489191



Halton Moor and Osmondthorpe (Project for Elders – HOPE)

Covering York Road

Offering Food and Household support, Fuel and Energy support, Financial and Warmth and Isolation support
No costs to use these services

Opening Monday to Friday – 08:30 – 17:30

Provides a community warm hub offering food, staff support and games.

Opening Monday to Friday, 10:00 – 14:00

They will be providing free thermals to community members from October.

Contact details – Email: info@hopeprojectleeds.org.uk

Telephone Number: 0113 2493597

Richmond Hill Elderly Action

Our services are available to people 55 and over living in the Richmond Hill ward

Covering York Road

Offering Food and Household support, Fuel and Energy support and Warmth and Isolation support. Also accessible, affordable transport for the household and frail in Richmond only.

Opening Monday to Friday, 09:00 – 15:00

Contact details – Email: info@rhea-leeds.org.uk

Telephone number: 0113 2485200

Zest

Zest aims to reduce health inequalities and reduce social isolation by, Supporting and developing cooking skills Improving physical and mental wellbeing Creating pathways to healthier choices

Covering York Road

Offering Warmth and Isolation support.

No cost for this service

Opening – various groups and activities run at different times throughout the week

Working with Nowell Mount Community Centre 11am -1 pm starting 11th November - come and join us for weekly Stay Well This Winter sessions to include, exercise, cooking warm nutritious food, how to keep your home warm, making draft excluders. Each participant will receive a winter wellbeing pack. Please contact Syretta on 0113 2406677 for further information.

Contact details – Email: admin@zestleeds.org.uk

Telephone number: 0113 2406677

<https://www.zestleeds.org.uk>



The Old Firestation

Providing free, warm, and welcoming space to spend an evening. Warm and nutritious food (pay as you feel). With games, toys and TV and signposting to advice and support.

Starting 14th November every Monday 5 – 8pm

Contact details – Email: JESS@SPACE2.ORG.UK

Telephone number: 0113 3200159